



# LIFT, SWEAT, SUCCEED.



## SINGLE MEMBERSHIP

Monthly - Ksh 10,000 **PEAK**  
 - Ksh 7,000 **OFF-PEAK**  
 Quarterly - Ksh 25,000  
 Half year - Ksh 45,000  
 Annual - Ksh 85,000



## COUPLES MEMBERSHIP

Monthly - Ksh 18,000  
 Quarterly - Ksh 45,000  
 Half year - Ksh 80,000  
 Annual - Ksh 150,000



## CORPORATE MEMBERSHIP (IN GROUPS OF 5)

Monthly - Ksh 42,500  
 Quarterly - Ksh 112,500  
 Half year - Ksh 215,000  
 Annual - Ksh 420,000

PEAK hours 0600hrs - 0900hrs & 1700hrs - 2000hrs  
 OFF-PEAK hours 0900hrs - 1200hrs & 1500hrs - 1700hrs

Visit us at the roof top for tailor made programs.

### FIND US AT:

| Corner of Riverside Drive and Riverside Grove.

### CONTACT US ON:

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