



### The Grove Full Breakfast

Eggs, sausage, bacon, baked beans, tea, coffee, hot chocolate, decaffeinated tea/coffee, assorted cereals, condiments, seasonal fruits, assorted breads & pastries, Juices, yogurt & cheese, low fat milk, assorted milk and cold cuts

Kes 2,500 | \$ 25

### American Pancakes

Vanilla flavored pancakes with fresh fruits

Kes 650 | \$ 6.5

### French Toast Combo

Cinnamon infused brioche toast served with fruit salad and a choice of either sausage or bacon

Kes 800 | \$ 8

B.E.S.T.

Grilled bacon rashes, two eggs any style, two sausages and toast

Kes 800 | \$8

### Egg & Sausage Or Bacon

Served with fresh salsa and toast egg and sausage/ bacon, two eggs served with sausage or bacon

Kes 600 | \$ 6

# Food Menu

# Eggs any style

Two eggs made to your liking served with toast Kes 500 | \$ 5

### Omelets (Choice of):

Spanish omelet Kes 500 | \$ 5 **Bacon Cheddar** Kes 800 | \$ 8 Ham n Cheese Kes 700 | \$ 7 Spinach & Mushroom Kes 700 | \$ 7

### Waffle

Served with maple syrup

Kes 500 | \$ 5

#### Granola

Served with yoghurt

Kes 800 | \$ 8

### KITCHEN & BAR EXCHANGE

# Chicken Lollipops

Panko breaded chicken drumsticks with a house chili dip

Kes 800 | USD 8

### Wing Zing

Sticky chicken wings with BBQ sauce served with red slaw salad

Kes 900 | USD 9













# Calamari Rings

Deep fried calamari squid coated with panko breadcrumbs served with garden salad and cocktail dressing

Kes 1,200 | \$ 12

# Flaky Samosas (3pcs) 👩



Masala spiced samosas (choice of beef, chicken or vegetable)

Kes 600 | USD 6

### Chicken Spring Rolls (3pcs)

Kes 600 | \$ 6 Chicken:

Kes 500 | \$ 5 💜 Vegetable:

# The Grove Gourmet Burger

180gms premium beef pattie, topped with bacon, fresh mushrooms, avocado and melted cheddar cheese nestled on a brioche bun

Kes 1,200 | \$ 12

### **Pulled Chicken Breast**

Signature grove burger with grilled chicken breast, BBQ sauce and red slaw

Kes 1,000 | \$ 10

# Baby Pork Ribs



Smoked baby pork ribs with a Mexican spice rub tossed in madeira sweet & sour sauce served with red slaw and apple salad

Kes 2,000 | USD 20

### **Beef Sliders**

Grilled mini beef patties with chili mayo, fresh tomatoes, salad leaves and red slaw

Kes 1,000 | \$ 10









## Wild Mushroom Soup V



A hearty blend of button, french and shitake mushrooms topped with double cream

Kes 1,000 | \$ 10

## Tom Yam Gong // 🖎





Asian inspired clear chicken broth with freshly cooked prawns, chicken tenders, infused with ginger, lemon grass and a hint of red bullet chili

Kes 1.000 | \$ 10

# Pea n Squash V



A double treat of sweet peas and butternut Kes 600 | \$ 6

## Roasted Garlic & Tomato Soup 😯



An all-time favorite traditional Roma tomato soup with roasted garlic cloves, smoked shallots and oregano

Kes 600 | \$ 6

# Food Menu

#### Caesar Salad

Crisp romaine lettuce with anchovies, herb croutons, parmesan cheese, chicken and paprika aioli

Kes 1,200 | \$ 12

### Grilled Halloumi & Avocado Salad

Hearty salad with romaine lettuce grilled halloumi cheese, avocado, carrots, sweet peppers, red onion slices and a honey lime dressing

Kes 900 | \$ 9

## Minty Beef Salad

A warm beef salad with fresh salad leaves, cherry tomatoes, red onion, grilled beef strips and mint vinegrate

Kes 1,200 | \$ 12

### Oriental Chicken Salad



Grilled chicken strips, lettuce, julienne of carrots, mangos sleeves, cucumber, tomato, coriander, rice noodles, crushed peanuts served with a sesame ginger dressing

Kes 1,200 | \$ 12

### MAINS

(served with an accompaniment of your choice)

### **Beef Medallion**

Grilled tender beef fillet with a creamy pepper sauce served with a spinach & onion confit

Kes 2,000 | \$ 20

### T-Bone steak

Thyme and garlic marinated prime steak in bone on a bed of asparagus spears & cherry tomatoes served with a herb gravy

Kes 2,000 | \$ 20













## Rib Eye Steak

Steak grilled with garlic butter, served with a spinach onion confit to your doneness

Kes 2,000 | \$ 20

### **Hungarian Beef Goulash**

Gently braised striploin in a red wine reduction and charred bell peppers

Kes 1,500 | \$ 15

#### Baked Moroccan Chicken

A 5 spice scented ½ spring chicken served with soy glazed bok choy, cauliflower puree and an orange basil ius

Kes 1,800 | \$ 18

### Grilled Chicken Breast

Hunters style marinated boneless chicken with rosemary jus and sauté seasonal vegetables

Kes 1,200 | \$ 12

### Chicken Roulade

Pounded chicken breast rolled in garlic butter and coated with panko bread crumbs served with baby carrots and broccoli

Kes 1,200 | \$ 12

### **Double Double Burger**

Double beef, double cheese, with lettuce leaves, onion rings and tomato slices on brioche bun

Kes 1.500 | \$ 15

# Veggie Burger

Grilled Mediterranean vegetables topped with pesto sauce

Kes 1.000 | \$ 10



# Chicken Makhani 🥖 🚫

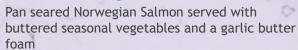




Seasoned chicken thighs with a nutty curry sauce served with sauté seasonal vegetables and flamed papadum

Kes 1,200 | \$ 12

# Salmon Fillet 🖎



Kes 3,000 | \$ 30

# King Prawns 🕪

Flame grilled Malindi prawns with lime and garlic butter marinade, served with a rich lemon grass bisque and Bok choy

Kes 2,500 | \$ 25

# Tilapia Fillet 🗠

Pan seared tilapia fillet with lemon garlic served with sauté seasonal vegetables and fajita sauce

Kes 1,800 | \$ 18

# Food Menu

#### Marsaman Lamb Shank

12hrs cooked molo lamb shank in a red curry paste infused with ginger & garlic served with sweet pepper fricassee

Kes 2,000 | \$ 20

## Lamb Chops

Oven roasted lamb chops with a herb & mustard crust, stacked on a mushroom confit served with herb gravy

Kes 2,000 | \$ 12

# Honey Sage Pork Chops (2)



Grilled uplands pork chops with honey & sage glaze served with a fresh garden salad and caramelized apples

Kes 2,000 | \$ 20

# BBQ Pork Spare Ribs 🖎



Sticky pork ribs with a Mexican rub drizzled with a brandy BBQ sauce. Breaded Tilapia: add Tartar Sauce

Kes 2,000 | \$ 20

# Breaded Tilapia 😥



Oat bread tilapia fillet with a classic tartar, served with sauté seasonal vegetables

Kes 2,000 | \$ 20

Accompaniments	Kes	\$	
Chips	300	3	
Chips Masala	300	3	Y
Potato Wedges	300	3	1
Mashed Potatoes	200	2	
Chapati	200	2	
Ugali	200	2	
Side Vegetable	200	2	
Plain Rice	200	2	
Vegetable Rice	400	4	













#### **PASTA**

### Fettucine Carbonara

Signature pasta with chicken, bacon, mushrooms in a rich carbonara sauce and parmesan cheese

Kes 1,500 | \$ 15

### Seafood Linguine 🖎



Tossed linguine pasta with roasted garlic cloves, shrimp, fried calamari, snow peas and baby carrots

Kes 1.800 | \$ 18

## Pasta Alfredo Veggie 💜



A pasta of your choice cooked in a creamy white sauce, finished parmasan cheese

Kes 800 | \$ 8

Add Chicken; Kes 1,200 | \$ 12

Kes 2,000 | \$ 20 🕟 Add Prawn;

## Chili Spaghetti with Prawns 🙌 🥖



Tossed spaghetti in a chili tomato sauce with grilled prawns and fresh coriander

Kes 2,000 | \$ 20

### SANDWICHES & WRAPS

# Classic BLT

A classic sandwich with bacon rashes, romaine lettuce, tomatoes and plain mayo on either brown, white or multi grain bread

Kes 800 | USD 8





# Grilled Panini V



A warm hearty sandwich with grilled marinated vegetables, pesto and melted mozzarella cheese on focaccia

Kes 1,000 | \$ 10

# Beef Melt 🥖



An open sandwich on baguette with tender beef strips, caramelized onions, chili mayo and melted cheddar cheese

Kes 800 | \$ 8

# Oriental Wrap (beef or chicken)



Stir-fried chicken or beef flakes with fajita seasoning, peanut spread fresh lettuce, tomatoes in a warm handmade tortilla

Kes 800 | \$ 8

# Halloumi Wrap



Vegetarian delight wrap with grilled halloumi, fresh romaine, tomato slices and guacamole

Kes 700 | \$ 7

# Food Menu

# Tandoori Chicken Wrap 🥖

Fresh baby spinach, spicy chicken tenders, cucumber, tomatoes and tamarind dressing

Kes 800 | \$ 8

### **VEGETARIAN**

## Dhal Makhani 💋 🕥





Indian style split pea in a buttery peanut sauce served with paratha, seasonal vegetables and flamed papadum Kes 900 | \$ 9

### Paneer Kofta



Spicy Paneer lozenges tossed in mild chili and sweet peppers served with butter naan

Kes 1,300 | \$ 13

# Oriental stir-fry



Stir-fried vegetables, Bok choy, rice noodles tossed with a ginger soy glaze and togarashi spice

Kes 9001 \$ 9

### KIDDY MENU

# Fish Fingers 🔛



Panko breaded deep fried fish fillet served with french fries and a classic tartar sauce

Kes 850 | \$ 8.5

## **Chicken Nuggets**

Panko breaded chicken tenders served with french fries and cocktail sauce

Kes 850 | \$ 8.5

# Fish n Chips 😥



Batter fried fish fillet served with french fries, classic tartar and garden salad

Kes 1,000 | \$ 10











# Spaghetti Bolognaises

Tossed spaghetti in a rich beef mince and tomato sauce sprinkled with parmesan cheese

Kes 850 | \$ 8.5

### **Cheesy Chicken Nachos**

A Mexican favorite with guacamole, fresh cilantro salsa, grilled chicken thighs, cheddar cheese fondue and crispy tortilla chips

Kes 1,000 | \$ 10

# Chips n Sausage

Soft chips with two pieces of sausage and salad

Kes 600 | \$ 6

### DESSERT

### Cheese Cake

Kes 700 | \$ 7

A mascarpone cheesecake layered with biscuit crumble served with strawberry sauce

### Apple Pie

Kes 500 | \$ 5

Traditional Apple pie served with a scoop of ice-cream

### Chocolate Fudge

Kes 700 | \$ 7

A rich chocolate gateau with ganache and serve with vanilla ice-cream

### Chocolate Mousse

Kes 700 | \$ 7

Gently layered chocolate mousse

### Ice-cream

Kes 700 | \$ 7

3 scoops of ice-cream flavor of your choice

### Fruit Platter

Kes 600 | \$ 6

Add nuts served with yogurt & honey

Kes 800 | \$ 8 🚫























# Barista Menu

COFFEE	
House Coffee	Kes 200   \$ 2
White Coffee	Kes 300   \$ 3
Single Espresso	Kes 250   \$ 2.5
Double Espresso	Kes 300   \$ 3
Caffe Latte	Kes 300   \$ 3
Double Café Latte	Kes 350   \$ 3.5
Flavored Latte	Kes 400   \$ 4
(vanilla, caramel, hazelnut, gi	nger spice)
Café Mocha	Kes 350   \$ 3.5
Groove Macchiato	Kes 350   \$ 3.5
Single Cappuccino	Kes 300   \$ 3
Double Cappuccino	Kes 350   \$ 3.5
Flavored Cappuccino	Kes 400   \$ 4
Americano	Kes 250   \$ 2.5
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CHOCOLATE	- 1
Hot Chocolate	Kes 200   \$ 2
White Hot Chocolate	Kes 350   \$ 3.5

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Black Tea	Kes 200   \$ 2
English Tea	Kes 250   \$ 2.5
African Brewed Tea	Kes 250   \$ 2.5
Mint/herbal Tea	Kes 300   \$ 3
Masala Tea	Kes 250   \$ 2.5

# **ICED TEA**

Regular Iced Tea	Kes 250		\$ 2.5
Passion Iced Tea	Kes 300	I	\$ 3

# **FRESH JUICES**

Cocktail, Passion, & Orange	Kes 350   \$ 3.5
Delmonte Juices (packet)	Kes 500   \$ 5
Delmonte Juices (Glass)	Kes 250   \$ 2.5

(Passion, orange, mango, pineapple, tomato & tropical)















# Barista Menu

## **SOFT DRINKS**

Tonic Water	Kes 150   \$ 1.5
Soda Water	Kes 150   \$ 1.5
Soda	Kes 150   \$ 1.5
Redbull	Kes 400   \$ 4
Fitch & Leeds pink tonic	Kes 300   \$ 3
Keringet Still 1L	Kes 300   \$ 3
Keringet Still 500 ml	Kes 200   \$ 2
Keringet Sparkling 500 ml	Kes 250   \$ 2.5
Keringet Sparkling 1L	Kes 350   \$ 3.5
Aquamist Water 1L	Kes 300   \$ 3

### **SMOOTHIES**

Banana Smoothie Kes 350 | \$ 3.5 (Blended bananas, yoghurt, custard sugar)

Mixed Berries Smoothie Kes 400 | \$ 4 (Blended mixed berries caster sugar)

#### **MILK SHAKES**

Tropical	Kes 500   \$ 5
Strawberry	Kes 450   \$ 4.5
Vanilla	Kes 450   \$ 4.5
Chocolate	Kes 450   \$ 4.5

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